

Fox, Emmet
Freeman, Becky
Froe, Otis & Maurice Lee
Furman, Elina
Furst
Gaesser, Dr. Glenn & Karla Dougherty
Garfield, Frank & Rhondda
Goulart, Frances Sheridan
Gracian, Baltasar
Graedon, Joe and Teresa
Groves, Catherine
Halliday, MD, Arthur and Judy Halliday, RN
Harris, Thomas
Houston, Jean
Jarratt, Claudia Jewett
Johnson, Richard
Kalkhoff M.D., Ronald K.
Kanner, Bernice
Katherine, Anne
Katz, Marjorie
Kohn, Alfie
Kowalski, Robert E.
Kraus, Barbara
Kubler-Ross, Elisabeth
Landers, Ann
Lettvin, Maggie

Linamen, Karen Scalf
Love's, Dr. Susan
McBarron, Dr. Jan
McDougall, M.D., John A.
McGraw, Dr. Phil
McGraw, Dr. Phil
McRaven, Charles
Meyers, Casey
Millan, Cesar
Myers, Irma and Arthur
National League of Cities
Newman, Mildred and Bernard Berkowitz
Orenstein, Peggy
Payne, Ruby K.
Pelzer, Dave
Peter, Dr. Laurence
Phillips, Bill
Powell, Don R.
Prevention Magazine

Price, Eugenia
Ray, Daniel P.
Reader's Digest

Make Your Life Worth-while
Marriage 911
How to become a Successful Student
Boomerang Nation
Memory
3-week Fitness Plan
Dreams
Eating to Win
The Art of Worldly Wisdom
Best Medicine
Get More Out of Life
Thin Again
I'm OK - You're OK
The Possible Human
Helping Children Cope w Separation and Loss
DETOX, TOP THAT
A Nutrition Monograph for Taking Off Pounds Sensil
Lies My Parents Told Me
Boundaries
Instant -effect Decorating
No Contest, The Case Against Competition
The 8-week Cholesterol Cure
Calorie Guide to Brand Names & Basic Food
On Death and Dying
Wake Up and Smell the Coffee
Maggie's Back Book
Just Hand Over the Chocolate and No One Will Get Hurt
Hormone Book
Lose Weight and Keep It Off!
The McDougall Program (Health)
Love Smart
The Ultimate Weight Solution Food Guide (2)
Stonework: Techniques and Projects
Walking: A Complete Guide to...Exercise
Cesar's Way
Why you feel down & what you can do about it
Undoing Racism
How to Be Your Own Best Friend
Schoolgirls
A Framework for Understanding Poverty
Help Yourself
The Peter Prescription
Body for Life
Health at Home
High-Speed Healing
Never a Dull Moment (Honest Questions for Teenagers)
Fat and Calorie Counter
Household Hints & Handy Tips

Reader's Digest
Reiser, Paul
Rockwell, Norman
Roizen, Michael F & Mehmet Oz
Rutstein, Nathan
Sansone, Leslie
Schwarzbein, M.D., Diana and Nancy Deville
Sherman, Bert and Theresa
Siegel M.D., Bernie S.
Smalley, Gary
Smalley, Gary & John Trent
Spock, Dr. Benjamin
Steyer, James
Stoop, Jan & Betty Southard
Time
TLC
Tobe, John H.
Troll Target Series
Turkington, Carol
US Dept. of Health and Human Services
Vickery M.D., Donald M. and James F. Fries,
M.D.
Walsh, David
Weight Watchers
White, Bowen
Winfrey, Oprah
Young, Ed

The Complete manual of Fitness and Well-Being
Couplehood
Norman Rockwell's America
You on a Diet
Healing Racism in America
Walk Away the Pounds
The Schwarzbein Principle (weight loss)
Goodbye Careers, Hello American Adventure
Peace, Love and Healing
How to Become Your Husband's Best Friend
The Hidden Value of a Man
Baby and Child Care
The Other Parent
The Grandmother Book
Medical Tests
Trading Spaces-Behind the Scenes
Proven Herbal Remedies
Courage: How We Face Challenges
The Hearing Loss Sourcebook
Turning Awareness into Action

Take Care of Yourself
Dr. Dave's Cyberhood
Dining Out
Why Normal Isn't Healthy
"O" the Oprah Magazine-"Live Your Best Life"
The 10 Commandments of Marriage